

**Shake, Rattle and Stroll for Parkinson's**  
 Come out and support our **Shake, Rattle and Stroll for Parkinson's** on Sunday, September 23, 2018.

You can walk yourself or as part of a team. Use the sponsorship form on the back to raise pledges. Your sponsors can also donate online at [WWW.NLPARKINSON.CA](http://WWW.NLPARKINSON.CA)

All money raised stays in the province and allows us to directly help the 1,500 people and their families who are living with Parkinson's in Newfoundland and Labrador.

Community **Shake, Rattle and Stroll** walks are being held in St. John's, Corner Brook, Grand Falls-Windsor and Paquet. More communities may be added as we get closer to the date. If you want to organize one - call us!

You can even have your own symbolic walk on your own street, in your own backyard or your own living room! Spread the word that you are doing the walk to all of your friends and family. They will gladly support you.

This year, we are offering a prize draw for a \$500 prepaid VISA card. For every \$100 you raise, you will get a chance to win the gift card. So, raising \$500 will get you five entries! As well, this year all donors who give \$20 or more will have their names entered into a draw to win an original framed piece of art from Calvin Jackman.

So get your **Shake, Rattle and Stroll** sneakers ready! If you have any questions – please contact our office. Keep safe and have fun! Thanks for your support!

## Walker Registration

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

### Release and Consent to Participate

I agree that I am participating in the Parkinson Society Newfoundland and Labrador (PSNL) Shake, Rattle and Stroll (SRS) fundraising event voluntarily and do so at my own risk. I hereby fully release PSNL, the corporate supporters of SRS, and any other parties connected in any way with SRS, as well as their respective officers, directors, agents, employees, staff and volunteers, from all claims or lawsuits for any injuries, death, property damage or theft, losses, or any other liability of any kind, arising directly or indirectly out of my participation in SRS or any of the activities associated therewith. I consent to being provided with emergency treatment in the event of my illness or injury during my participation in SRS, and agree to not hold PSNL responsible for any costs associated with such treatment. I consent to the publication and/or other use of my name, voice, photograph or other likeness without further notice or compensation in any publicity or advertisement carried out by PSNL in any manner whatsoever, including print, broadcast, or the Internet. By signing below, I confirm that I have carefully read this Release and Consent and fully understand and agree to its contents.

Signature of Participant (or Guardian if participant is under 18 years of age): \_\_\_\_\_

**For every \$100 that walkers raise, they will receive an entry into a draw for a \$500 Prepaid VISA card.**



**Every sponsor who donates \$20 or more will receive an entry into a draw to win an original, framed Calvin Jackman painting.**

Parkinson Society Newfoundland and Labrador  
 Suite 305, 136 Crosbie Road, St. John's, NL A1B 3K3

Phone: 1-800-567-7020 Email: [parkinson@nf.aibn.com](mailto:parkinson@nf.aibn.com)  
[www.nlparkinson.ca](http://www.nlparkinson.ca)



**Sunday  
 September 23  
 2018**



# Sponsorship Form

Walker / Team Name: \_\_\_\_\_ Location: \_\_\_\_\_

**Instructions:** Complete Walker Registration Form and sign the Consent Form. Bring this form and the money you collect to the walk location OR mail this form and a cheque for the amount you collected to the PSNL office (please do not mail cash). Cheques can be made payable to Parkinson Society NL. Tax Receipts will be issued for donations over \$20 (if addresses are provided).

Sponsor Name	Mailing Address (only required if you want a tax receipt)	Pledge
		\$ <input type="checkbox"/> Cash <input type="checkbox"/> Cheque
		\$ <input type="checkbox"/> Cash <input type="checkbox"/> Cheque
		\$ <input type="checkbox"/> Cash <input type="checkbox"/> Cheque
		\$ <input type="checkbox"/> Cash <input type="checkbox"/> Cheque
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