

Bertha Hillyard Memorial Library
Parkinson Society Newfoundland & Labrador – 136 Crosbie Road – Suite 305 – St. John’s

Title	Author	Category	Medium
Care Giving & Palliative Issues and Parkinson’s			
A Caregivers Guide: A Handbook About End of Life Care	Canadian Hospice Palliative Care Association	Care Giving	Print
And Thou Shalt Honor	Beth Witrogen Mcleod	Care Giving	Print
Chicken Soup for the Caregivers Soul	Jack Canfield, Mark Victor Hansen & LeAnn Thieman, LPN	Care Giving	Print
Caring for the Parkinson Patient	J. Thomas Hutton M.D	Care Giving	Print
Chicken Soup for the Soul: Celebrating People Who Make a Difference	Jack Canfield, Mark Victor Hansen, Peter Vegso & Theresa Peluso	Care Giving	Print
Hard Choices for Loving People	Hank Dunn	Care Giving	Print
Saving Milly	Morton Kondracke	Care Giving	Print
Louie Louie: A Portrait in Parkinson’s	Documentary Film	Care Giving	DVD
Managing Advanced Parkinson’s Disease	Joan Gardner & Rose Witchmann	Care Giving	Print
Perspectives on Parkinson’s: Challenges and Solutions	Speaker: Sherri Torjman	Care Giving	DVD
Living Lessons: A Guide for Caregivers	Canadian Hospice Palliative Care Association	Care Giving	Print
Comfort Care: At the end of life for persons with Alzheimer’s disease or other degenerative diseases of the brain	Centre de Sante et de services sociaux- Institut universitaire de geriatric de Sherbrooke	Care Giving	Print
Keys to Caregiving	Caryn Crenshaw	Care Giving	Print
When someone close to you is dying: What you can expect and how to help	National Institute for the Care of the Elderly	Care Giving	Print
Children’s Books			
Who is Pee Dee?	Kay Mixson Jenkins	Children’s	Print
My Mommy Has PD but it’s Okay	Jan Quist	Children’s	Print
Our Mum Has Parkinson’s	Karen Goodall	Children’s	Print
What’s Wrong With Grandpa?	Trudy Hutton	Children’s	Print
I’ll Hold Your Hand So You Don’t Fall: A Childs Guide to Parkinson’s Disease	Rasheda Ali (Foreword by Muhammad Ali)	Children’s	Print
Exercising with Parkinson’s			
Dumb Bells and Dopamine	Arthur W. Curren	Exercise	Print
Parkinson’s Disease and the Art of Moving	John Argue	Exercise	Print
Yoga for Movement Disorders: Rebuilding Strength, Balance, and Flexibility for Parkinson’s Disease and Dystonia.	Renee Le Verier	Exercise	Print
Delay the Disease: Exercise and Parkinson’s Disease	David Zid	Exercise	DVD
Motivating Moves for People with Parkinson’s	Janet Hamburg	Exercise	DVD
Exercises for Parkinson’s	N/A	Exercise	DVD

Bertha Hillyard Memorial Library
Parkinson Society Newfoundland & Labrador – 136 Crosbie Road – Suite 305 – St. John’s

Living Better with Parkinson’s	N/A	Exercise	DVD
Just for you: An Exercise program for Individual’s with Parkinson’s	N/A	Exercise	DVD
Let’s Keep Moving	Susanne Bruhlmann, Elvira Pfeiffer, Edith Burgunder & Willi Ernst	Exercise	DVD
Janet Millar: Exercise Program	Janet Miller	Exercise	DVD
Gymnastics Program for Parkinson’s Patients	Margaret Schomburg	Exercise	DVD
Dance for PD at Home	Brooklyn Parkinson Group	Exercise	DVD
Music for Dance for PD Volume 1	Brooklyn Parkinson Group	Exercise	DVD
Parkinson’s Disease: Dance Video	TEVA Canada Innovation	Exercise	DVD
Parkinson’s Exercise Essentials: Getting Started, Staying Motivated, Seeing Results.	Davis Phinny Foundation	Exercise	DVD
Every Victory Counts	Monique Giroux MD Davis Phinney Foundation for Parkinson’s	Exercise	DVD/Print
Parkinson’s Disease: Fitness Counts	Rose Wichmann, Maria Walde-Douglas, & Carey Harris	Exercise	Print
Aquatic Exercise: An exercise program for people with Parkinson’s	American Parkinson Disease Association	Exercise	Print
Living With Parkinson’s			
From Rage to Courage	Michel Monnot	LWP	Print
Lucky Man: A Memoir	Michael J Fox	LWP	Print
Parkinson’s: Stepping Forward	Dr. David A. Grimes	LWP	Print
Parkinson’s: A Patients View	Sidney Dorros	LWP	Print
Parkinson’s: One Step at a Time	Dr. David Grimes M.D	LWP	Print
Parkinson’s Disease: A Guide for Patient and Family	Roger C. Duvoisin, M.D	LWP	Print
Parkinson’s Disease: The Complete Guide for Patients and Caregivers	Abraham N. Lieberman, MD.	LWP	Print
My Constant Companion: Parkinson’s Disease – A Neurologists Experiences as a Patient	Kari Aho	LWP	Print
Parkinson’s Disease: 300 Tips for Making Life Easier	Shelley Peterman Schwarz	LWP	Print
Parkinson’s Disease for Dummies	Tagliati Guten Horne	LWP	Print
Mind, Mood & Memory	Editors: Rebecca Martine, APRN, CS, BC & John Dude, MD.	LWP	Print
Living Well With Parkinson’s Disease: What Your Doctor Doesn’t Tell You... That You Need to Know.	Gretchen Garie & Michael J. Church with Winifred Conkling.	LWP	Print
Exiled to Parkinson’s Domain	Nev Munro	LWP	Print
My Second Life	Bill Harshaw	LWP	Print
Parkinson’s Disease: A Complete Guide for Patients and Families (2 nd Ed.)	William J. Weiner, MD Lisa M. Shulman, MD Anthony E. Lang, MD., FRCP	LWP	Print

Bertha Hillyard Memorial Library
Parkinson Society Newfoundland & Labrador – 136 Crosbie Road – Suite 305 – St. John’s

Take Charge of Parkinson’s Disease: Dynamic Lifestyle Changes to Put YOU in the Driver’s Seat	Anne Cutter Mikkelsen with Carolyn Stinson	LWP	Print
Parkinson’s Disease: The First Year	Jackie Hunt Christensen	LWP	Print
Causes of Parkinson’s Disease: Donald Calne Lecture (2008)	Presented by Dr. J. William Langston (Parkinson Society Canada)	LWP	DVD
Parkinson’s Disease, Beyond the Decade of the Brain: Donald Calne Lecture (2007)	Presented by Dr. Anthony E. Lang (Parkinson Society Canada)	LWP	DVD
Perspectives on Parkinson’s: Challenges and Solutions (2010)	Speaker: Dr. David A. Grimes (Parkinson Society Canada)	LWP	DVD
Misperceptions and mistakes in the treatment of Parkinson’s: Donald Calne Lecture (2011)	Dr. Stanley Fahn	LWP	DVD
New insights into the mechanisms of Parkinson’s Disease progression: The Donald Calne Lecture (2013)	Dr. Virginia M.Y. Lee	LWP	DVD
Parkinson Disease Research: The Saskatchewan Way: The Donald Calne Lecture (2014)	Dr. Ali H. Rajput	LWP	DVD
Vancouver Education Meeting (2006)	Dr. Frank Loomer & Karol Travis (Parkinson Society Canada)	LWP	DVD
Parkinson Society Canada: Non-motor symptoms of Parkinson’s Disease	Parkinson Society Canada	LWP	DVD
Managing Parkinson’s Disease: Straight Talk and Honest Hope	Foreword by: Dr. C Everett Koop, MD Presented by the Washington State Chapter of the APDA	LWP	DVD
Being There: A DVD for people newly diagnosed with Parkinson’s	Parkinson’s Disease Society	LWP	DVD
Parkinson’s Disease & Constipation	Kathrynne Holden	LWP	DVD/Print
Presentation: Parkinson Society Newfoundland & Labrador by Dr. Allen Goodridge	Dr. Allen Goodridge	LWP	DVD
What is Parkinson’s? History, Symptoms, Treatment & Research	N/A	LWP	DVD
Presentation: PSNL by Cathy Puddister	N/A	LWP	DVD
Living Well with Parkinson’s: 27 th Annie Wyle Memorial Lecture	Susan Calne	LWP	DVD
Talking About Parkinson’s: An Information Video	N/A	LWP	DVD
Always Looking Up: The Adventures of an Incurable Optimist	Micael J. Fox	LWP	Print
Parkinson’s Disease Handbook	American Parkinson Disease Association, Inc.	LWP	Print
h.o.p.e: Four keys to a better quality of life for Parkinson’s People	Hal Newsom	LWP	Print

Bertha Hillyard Memorial Library
Parkinson Society Newfoundland & Labrador – 136 Crosbie Road – Suite 305 – St. John’s

What Your Doctor May NOT Tell You About Parkinson’s Disease	Jill Marjama-Lyons, MD	LWP	Print
Parkinson’s: A Patient’s View	Sidney Dorros	LWP	Print
Living With Parkinson’s	Lesley Cross	LWP	Print
The Parkinson’s Disease Handbook	Dr. Richard Godwin-Austen	LWP	Print
Parkinson’s Disease: A Guide for Patient & Family (2 nd Ed.)	Roger C. Duvoisin, MD	LWP	Print
Swallow Safely: How Swallowing Problems Threaten the Elderly and Others	Roya Sayadi, Ph.D & Joel Herskowitz MD	LWP	Print
Most of Me: Surviving My Medical Meltdown	Robyn Michele Levy	LWP	Print
50 Ways Parkinson’s Could Affect You	Abdul Qayyum Rana, MD	LWP	Print
Parkinson’s Disease and the Family	Nutan Sharma, MD Elaine Richman, PhD.	LWP	Print
Managing Parkinson’s: How to be Proactive, 2006 Annual Fall Conference: Parkinson Society Maritime Region	Dr. David A Grimes	LWP	DVD
Hope Conference for Parkinson’s: The Nintendo Wii and Occupational Therapy and Caring for Your Parent	Dr. Nathan Herz & Dr. John Kennedy	LWP	DVD
Mind, Mood & Memory: The Hidden Challenges of Parkinson’s	Mario Masellis, MD	LWP	DVD
Get it on time	Parkinson Society Central and Northern Ontario	LWP	DVD
Making the Connection between Brain & Behaviour: Coping with Parkinson’s Disease (2 nd Ed.)	Dr. Hubert H. Fernandez	LWP	Print
100 Questions and Answers about Parkinson’s Disease (2 nd Edition)	Abraham Lieberman, MD	LWP	Print
In Service Presentation on Parkinson’s Disease for Health Care Professionals	Parkinson Society British Columbia	LWP	DVD
Parkinson’s Treatment: 10 Secrets to a Happier Life	Michael S. Okun MD	LWP	Print
Navigating Life with Parkinson Disease	Sotirios A, Parashos, MD Rose Wichmann, PT Todd Melby	LWP	Print
Education Session Centurion Conference and Event Centre (2013)	Dr. Ronald Postuma	LWP	DVD
Diagnosis Parkinson’s disease: You are not alone	Parkinson’s Disease Foundation	LWP	DVD
Road to Recovery from Parkinsons Disease	Roberty Rodgers, PhD	LWP	Print
The “Everything Else” of Parkinson’s Disease	Ron Postuma MD	LWP	Print/DVD

Bertha Hillyard Memorial Library
Parkinson Society Newfoundland & Labrador – 136 Crosbie Road – Suite 305 – St. John’s

Sex and Intimate Relationships	Parkinson’s Disease Society	LWP	Print
Hallucinations	Multiple Sources	LWP	Print
Helping Your Partner What Not to Do!	Kathryn A. Cullen, BSN, MS	LWP	Print
Parkinson’s Disease and Oral Health	Michael A. Huber, DDS	LWP	Print
Visual Disturbances in Parkinson’s	Thomas Politzer OD, FCOVD, FAAO	LWP	Print
Depression and Parkinson’s Disease	Brian D. Bell, Ph.D.	LWP	Print
When should Parkinson’s Disease Patients go to the Emergency Room?	Joseph H. Friedmann, MD	LWP	Print
Fatigue in Parkinson’s Disease	Joseph H. Friedman, MD	LWP	Print
Neuro-ophthalmology and Parkinson’s Disease	Andrew A. Berman MD	LWP	Print
Patient Perspectives on Parkinson’s	A Series of Essays By Sid and Donna Dorros	LWP	Print
How to start a Parkinson’s Disease Support Group	American Parkinson Disease Association, Inc	LWP	Print
Therapy of Parkinson’s Disease	William C. Koller, George Paulson	LWP	Print
Spotlight on Parkinson’s Disease	Andre Barbeau, OC MD	LWP	Print
Practical Pointers for Parkinsonians	Lucille Carlton	LWP	Print
Be Independent: A guide for people with Parkinson’s Disease	American Parkinson Disease Association	LWP	Print
Equipment and Suggestions: To help the patient with Parkinson’s Disease in the activities of daily living.	American Parkinson Disease Association	LWP	Print
General			
Taking Charge of the Air Travel Experience: A guide for persons with disabilities	Government of Canada	General/Travel	Print
Safety Sense in the Home	Heward Grafftey	General/Safety	Print
Looking Beyond the Hurt: A Service Provider’s Guide to Elder Abuse	Seniors Resource Centre Newfoundland & Labrador	General/Safety	Print
Maintaining Seniors Independence: A Guide to Home Adaptations	CMHC SCHL	General/Safety	Print
I Won’t	David Simmonds	General	DVD
Preventing Falls: A defensive approach	J Thomas Hutton, MD	General/Safety	Print
Your Best Shot – Appealing a Decision to a Review Tribunal under the Canada Pension Plan	Government of Canada/Parkinson Society Newfoundland & Labrador	General	Print/DVD
A Tale of Two Cemeteries	Charles William Rendell	General	Print
What’s Shakin’: An Insiders Look at the Humorous Side of Parkinson’s Disease	John Brisette	General/Humour	Print

Bertha Hillyard Memorial Library
Parkinson Society Newfoundland & Labrador – 136 Crosbie Road – Suite 305 – St. John’s

Grandpa’s Shaky Thumb: 18 Years with Parkinson’s Disease Presented in Shaky Time Rhyme	James Vidamour	General/ Humour	Print
Shaking Hands: Discover Your Warrior Spirit When Battling Disease	Nelson Sleno	General	Print
The Journey to Better Hearing for Seniors: Opening Doors to a Hearing World	Government of Canada	General/Health	DVD
The Safe Living Guide	Government of Canada	General/Safety	Print
Seniors and the law: In Newfoundland & Labrador	Public Legal Information Association of NL	General/Law	Print
Magnetic Resonance Imaging (MRI): A patient information guide	Bracco Diagnostics	General/Health	Print
Parkinson’s & Controlled-Release SINEMET CR	Du Pont Pharma	General/Health	Print
Go for it: A Guide to choosing and using assistive devices	Government of Canada	General/Safety	Print
My Idiotic Disease	Beth Holloway	General	Print
Nutrition			
Cook Well Stay Well with Parkinson’s Disease	Kathrynne Holden	Nutrition	Print
Parkinson’s Disease: Reducing Symptoms with Nutrition and Drugs (Revised Ed.)	Dr. Geoffrey Leader & Lucille Leader	Nutrition	Print
Natural Therapies for Parkinson’s	Dr. Laurie L Mischley	Nutrition	Print
BC Parkinson’s Disease Association: Nutrition & Parkinson’s Disease	PSBC	Nutrition	DVD
Parkinson’s Society Convention: Denise Murphy	Denise Murphy (Presenter)	Nutrition	DVD
Good Nutrition & Parkinson’s Disease	American Parkinson Disease Association	Nutrition	Print
Parkinson’s Disease: Nutrition Matters	National Parkinson Foundation, Inc.	Nutrition	Print
Parkinson Syndromes			
A Guide for People Living with PSP and CBD	Cure PSP Society for Progressive Supranuclear Palsy	Parkinson Syndromes	Print
Multiple System Atrophy	Mayo Clinic	Parkinson Syndromes	Print
Speaking			
Speaking Effectively: A strategic guide for speaking and swallowing	American Parkinson Disease Association	Speaking	Print
The Parkinson’s Pyramid & Speech 101: East Coast Conference (2007)	Dr. David Heydrich MD and Dr. Celia Bassich PhD	Speaking	DVD
Introduction to Speech and Swallowing Problems Associated with Parkinson’s Disease & Speech Problems and Swallowing Problems in Parkinson’s Disease/Speaking Effectively	The American Parkinson Disease Association	Speaking	Print

Bertha Hillyard Memorial Library
Parkinson Society Newfoundland & Labrador – 136 Crosbie Road – Suite 305 – St. John's

Surgery			
Deep Brain Stimulation for Parkinson's Disease	Parkinson's Disease Foundation	Surgery	Print
DBS Information Bundle	N/A	Surgery	Print
Advances in the Treatment of Parkinson's in Surgery and prospects for the Future: Donald Calne Lecture (2010)	Presented By: Dr. Andes Lozano	Surgery	DVD
Young Onset			
Young Parkinson's Handbook: A guide for patients and their families	American Parkinson Disease Association	Young Onset	Print
Young Parkinson's Handbook	American Parkinson Disease Association	Young Onset	Print
When Parkinson's Strikes Early: Voices, Choices, Resources and Treatment	Barbara Blake-Krebs & Linda Herman	Young Onset	Print
Making Changes in the Workplace to Adapt to Parkinson's: The Process of Accommodation	Parkinson Society British Columbia	Young Onset	Print
Disclosing Parkinson's to Employers	Parkinson Society British Columbia	Young Onset	Print
National Young Onset Information Package	American Parkinson Disease Association Inc.	Young Onset	Print
Research			
Stem Cells: The Basics	Dr. Laurie Doering	Research	DVD
Parkinson's Stem Cells and Social Controversy (2002)	The Parkinson's Society of Alberta	Research	DVD
Parkinson's Progress: From Molecular Genetics to Medications: Donald Calne Lecture (2012)	Dr. Matthew Farrer (Presenter)	Research	DVD
Donald Calne Lecture (2006)	Keynote Speakers: Dr. John A. Stoessl, Mr. Roy Clarke & Dr. David A. Grimes	Research	DVD